



# NINA HOTEL

TSUEN WAN WEST

荃灣西如心酒店

## GLUTEN-FREE MEAL BOXES | 無麩質餐單

### BREAKFAST | 早餐

### LUNCH | 午餐

### DINNER | 晚餐

**MON**  
星期一

Chilled Juice and Coffee  
Scrambled Egg  
with Tomato and Ham  
冰凍果汁及咖啡  
炒蛋、扒番茄及火腿

Pan-fried Sole Fish Fillet  
with Tomato Coulis,  
Roasted Potato and Vegetable  
番茄蓉香煎龍躑魚柳伴薯菜

Roasted Boneless Chicken  
with mashed potatoes,  
Vegetable and Yuzu Gravy  
燒雞扒  
伴柚子燒汁、薯蓉及時菜

**TUE**  
星期二

Chilled Juice and Coffee  
Scrambled Egg  
with Tomato and Bacon  
冰凍果汁及咖啡  
炒蛋、扒番茄、煙肉

Pan-fried Pork Shoulder  
with Vegetable  
and Gluten Free Pasta  
香煎豬肩肉  
伴時菜、無麩質義大利麵

Braised Beef Cubes  
with Vegetable in Red Wine Sauce  
with Potato  
紅酒煮牛肉粒伴薯仔

**WED**  
星期三

Chilled Juice and Coffee  
Boiled Egg, Tomato, Sausage  
冰凍果汁及咖啡  
焗蛋、扒番茄、香腸

Caesar Salad with Shrimps  
鮮蝦凱撒沙律

Roasted Boneless Chicken  
with Mushroom Sauce,  
Mashed and Vegetable  
蘑菇汁烤雞扒  
伴薯蓉、時菜

**THU**  
星期四

Chilled Juice and Coffee  
Scrambled Egg  
with Tomato and Ham  
冰凍果汁及咖啡  
炒蛋、扒番茄、火腿

Roasted Duck Breast  
with Potatoes and Vegetables  
烤鴨胸伴薯菜

Grilled Beef Sirloin  
with Herb Potato with Vegetable  
香煎西冷牛扒  
伴香草薯仔、時菜

**FRI**  
星期五

Chilled Juice and Coffee  
Scrambled Egg with Tomato,  
Ham and Croissant  
冰凍果汁及咖啡  
炒蛋、扒番茄、火腿、牛角包

Pan-fried Pork Shoulder  
with Vegetable  
and Gluten Free Pasta  
香煎豬肩肉  
伴時菜、無麩質義大利麵

Pan-fried Sole Fillet  
with Seasonal Vegetable  
and Potatoes  
香煎龍躑魚柳伴薯菜

**SAT**  
星期六

Chilled Juice and Coffee  
Boiled Egg with Tomato,  
Ham and Bacon  
冰凍果汁及咖啡  
焗蛋、扒番茄、火腿及煙肉

Pan-fried Boneless Chicken  
with Potato and Vegetables  
蘑菇肉汁煮雞扒伴薯菜

Pan-fried Salmon Fillet  
with Tomato Salsa, Poached Potato  
and Seasonal Vegetable  
香煎三文魚配番茄莎莎伴配薯菜

**SUN**  
星期日

Chilled Juice and Coffee  
Boiled Egg with Tomato,  
Sausage and Croissant  
冰凍果汁及咖啡  
焗蛋、扒番茄、香腸及牛角包

Mixed Salad with Chicken Breast,  
Olive Oil and Black Vinegar  
雞胸沙律伴欖油及黑醋

Pan-fried Pork Fillet  
with Tomato Sauce,  
Vegetable and Potatoes  
番茄汁煮豬柳伴薯菜

### Daily Lunch meal with Fruit | 每日午餐配時令水果

Menu items are subject to availability  
以上菜式只作參考;如有更改,恕不另行通知

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